

SCIENTIFIC PROGRAMME DAY 1 Friday 14 February 2020

TIME	PROGRAMME	
0730 - 0830	Registration, MSH Membership Enrolment	
0830 - 0900	PLENARY 1 - THE PREVENTION OF HYPERTENSION: IS IT A FUTURE POSSIBILITY? – Professor Dr Bernard Cheung Man Yung <i>Chairperson : Dato' Wira Dr LR Chandran</i>	
0900 - 0930	Welcome Address & Opening Ceremony – YB Dr Lee Boon Chye	
0930 - 1030	SYMPOSIUM 1 – DOWNSTREAM MANAGEMENT OF HYPERTENSION <i>Chairperson : Professor Dr Chia Yook Chin</i>	
0930 - 0955	Age and Elevated Blood Pressure: Its Link and The Role Of Intervention – Professor Dr Tzung-Dau Wang	
0955 - 1020	Should BP Targets Be Different for The Elderly and Why? – YM Dato' Dr Tunku Muzafar Shah T. Jaafar	
1020 - 1030	Q & A Session	
1030 - 1100	Tea break	
1100 - 1230	SYMPOSIUM 2 – CARDIOVASCULAR RISK STRATIFICATION: UNTANGLING THE COMPLEX <i>Chairperson: Professor Dr Khoo Ee Ming</i>	
1100 - 1125	What Is The Best Risk Stratification Tool For My Patient? – Professor Dr Liew Su May	
1125 - 1150	Managing Patients Using The Appropriate Risk Score: How To Use It in the Digital Era – Professor Dr Sazzli Shahlan Kasim	
1150 - 1215	Pitfalls of CV Risk Stratification – Professor Dr Jiguang Wang (<i>Video Presentation</i>)	
1215 - 1230	Q & A Session	
1230 - 1330	CONCURRENT LUNCH SYMPOSIUM	
	<table border="0"> <tr> <td> Pfizer <i>Chairperson: Professor Dr Chia Yook Chin</i> Hypertension And The Heart – Professor Dr Kazuomi Kario </td> <td> Sanofi <i>Chairperson: Associate Professor Dr Nik Sherina Hanafi</i> 1. Treating BP to Target – Improving Patient Outcomes Along Cardiorenal Continuum – Dato' Seri Dr Azhari Rosman 2. Expert Panel Interactive Case Discussion - Individualising Treatment Approach for Different Patient Profiles – Associate Professor Dr Lim Soo Kun – Dr Jeyakantha Ratnasingam </td> </tr> </table>	Pfizer <i>Chairperson: Professor Dr Chia Yook Chin</i> Hypertension And The Heart – Professor Dr Kazuomi Kario
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1330 - 1430	Lunch	
1430 - 1620	SYMPOSIUM 3: HYPERTENSION CROSSROADS OBESITY AND SLEEP APNEA IN HYPERTENSION: A BIGGER PROBLEM THAN YOU THINK <i>Chairpersons: Associate Professor Dr Ching Siew Mooi & Dr Navin Kumar Devaraj</i>	
1430 - 1455	Sleeping Beauty: Therapeutic Effects of Sleep - Current Evidence – Associate Professor Dr Ahmad Izuanuddin Ismail	
1455 - 1520	The Other Side of Sleeping Beauty: Sleep Apnea, Hypertension And CVD – Dr Ashari Yunus	
1520 - 1545	Obesity and Hypertension: Dietary regimes - Boon or Bane? – Associate Professor Dr Edwin Chow Yok Wai	
1545 - 1610	The Best Weight Loss Strategy: Surgery vs Non-Surgery – Dato' Dr Gee Tikfu	
1705 - 1715	Q & A Session	
1620 - 1635	Tea break	

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	<p>Servier Dinner Symposium (How Sweet It Is To Be Loved By You) <i>Chairperson: Dr Tan Li Ping</i></p> <p>Speakers: – Dr Jeyakantha Ratnasingam</p> <p>1700 – 1845</p> <ol style="list-style-type: none"> 1. Signed, Sealed, Delivered: DIA-RAMADAN – The 1st & Only International Real-life Study Accessing Gliclazide MR During Ramadan 2. Never Never Gonna Give Ya Up: The Tips & Tricks of Balancing the “Highs & Lows” <p>– Dr Effarezan Abdul Rahman Gifts for this Valentine’s Day: Choosing an anti-hypertensive that protects the Heart & Life</p>
1700	Malaysian Society of Hypertension Biennial General Meeting

SCIENTIFIC PROGRAMME DAY 2 Saturday 15 February 2020

TIME	PROGRAMME		
0800 – 0845	<p>BREAKFAST SYMPOSIUM: Interactive ECG Interpretation – Dr Koh Kok Wei – Dr Choy Chun Ngok</p>		
0845 - 0915	<p>PLENARY 2 – HEART FAILURE RISK IN HYPERTENSIVE PATIENTS (HF PEF AND HF REF) – Dato’ Dr Azmee Mohd Ghazi <i>Chairperson: Dr Chong Kuck Meng</i></p>		
0915 – 1040	<p>SYMPOSIUM 4 - UPSTREAM MANAGEMENT OF HYPERTENSION : PRECLINICAL EVOLUTION AND VASCULAR CHANGES <i>Chairperson: Professor Dr Abdul Rashid Abdul Rahman</i></p>		
0915 – 0940	<p>APSH/ MSH Lecture: Understanding “Prehypertension”: Is it still a Relevant Concept? – Professor Dr Trefor Owen Morgan</p>		
0940 – 1005	<p>Parameters That Matter in the Development, Progression and Management of Hypertension – Professor Dr Chia Yook Chin</p>		
1005 – 1030	<p>Hypertension Among the Young: An Emerging Problem – Professor Dr Jinho Shin</p>		
1030 - 1040	Q & A Session		
1040 - 1100	Moderated Poster Session & Tea Break		
1100 - 1130	<p>PLENARY 3 – ATRIAL FIBRILLATION AND HYPERTENSION: A MARRIAGE OF INCONVENIENCE – Dr Suraya Hani Kamsani <i>Chairperson: Dr Mohd Arifin Mohd Ali</i></p>		
1130 - 1245	<p>SYMPOSIUM 5 – RECENT HYPERTENSION TRIALS I SHOULD KNOW ABOUT <i>Chairperson: Professor Dato’ Dr Khalid Yusoff</i></p>		
1130 – 1155	<p>Lifestyle Related Trials: Too much of a good thing is not good for you: Exercise vs Over-Exercise – Dr Azani Mohamed Daud</p>		
1155 – 1220	<p>Unanswered Questions and Relevant Trials You Must Know – Professor Dr Abdul Rashid Abdul Rahman</p>		
1220 - 1230	Q & A Session		
	CONCURRENT LUNCH SYMPOSIUM		
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1400 – 1530	SYMPOSIUM 6 – CARDIOVASCULAR & CARDIOMETABOLIC UPDATES (SGLT2 DPP4 inhibitors, GLP1) <i>Chairperson: Professor Dr Jinho Shin & Adjunct Professor Dr Alan Fong Yean Yip</i>
1400 – 1425	Diabetic Pharmacotherapy: Now And The Future – Dr Saiful Bahari Kassim
1425 – 1450	Is Too Low Too Bad: The Slippery Slope Of Lipid Management – Dr Kumara Gurupparan Ganesan
	Debate <i>Chairperson: Associate Professor Dr Lim Soo Kun</i>
1450 – 1520	The Greater of Two Evils in the Management of T2DM: Glucocentric vs Cardiocentric Approach? – Dr David Quek (Cardiocentric Approach) – Dr Alexander Tan (Glucocentric Approach)
1520 – 1530	Q & A Session
	JSH-MSH Session: JSH 2019 Guideline And Impact Of Salt Restriction In Asia
1530 – 1545	<i>Chairperson: Dr Sofian Dato Paduka Hj Johar</i> – Professor Dr Kazuomi Kario
1545 – 1600	Tea Break
1600 – 1710	SYMPOSIUM 7 – HYPERTENSION CROSSROADS: RENAL DISEASE IN HYPERTENSION <i>Chairperson: Dato' Seri Dr Azhari Rosman</i>
1600 – 1620	Nocturnal Blood Pressure: Renal Progression & Priorities In Management – Professor Dr Kazuomi Kario
1620 – 1640	Can We Predict And Minimize Renal Damage Before It Happens – Dr Sunita Bavanandam
1640 – 1700	Ups and Downs: Challenges Of Managing Labile BP In Hemodialysis Patients – Associate Professor Dr Lim Soo Kun
1700 – 1710	Q & A Session

SCIENTIFIC PROGRAMME DAY 3 Sunday 16 February 2020

TIME	PROGRAMME
0900 – 1000	SYMPOSIUM 8 – DIFFICULT TO MANAGE HYPERTENSIVE PATIENTS <i>Chairperson : Professor Dr Khoo Ee Ming</i>
0900 - 0925	Pregnancy with Hypertension: Acute and Chronic Management - You must know – Dr Imelda Balchin
0925 - 0950	Stroke with Hypertension: The Many Faces of Stroke in Hypertensive Disease – Professor Dr Yuda Turana
0950 - 1015	Labile Blood Pressure: What to do? – Adjunct Professor Dr Alan Fong Yean Yip
1015 - 1030	Tea Break
1030 – 1200	CARDIOVASCULAR INVESTIGATION WORKSHOP <i>Chairperson : Adjunct Professor Dr Alan Fong Yean Yip</i>
1030 – 1055	Stress test: Pitfalls and Interpretation – Professor Dr Imran Zainal Abidin
1055 – 1120	The Role of CAC (Coronary Artery Calcium) and MSCT (Multislice CT Angiogram) in CV Risk Stratification – Dr Akmal Hakim Arshad
1120 – 1145	PET Cardiac – Datuk Dr Ahmad Khairuddin Mohamed Yusof
1145 - 1200	Q & A Session
1200 - 1300	Oral Presentation Session
1300 - 1430	Lunch
1430 - 1515	PRIZE GIVING & CLOSING CEREMONY

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