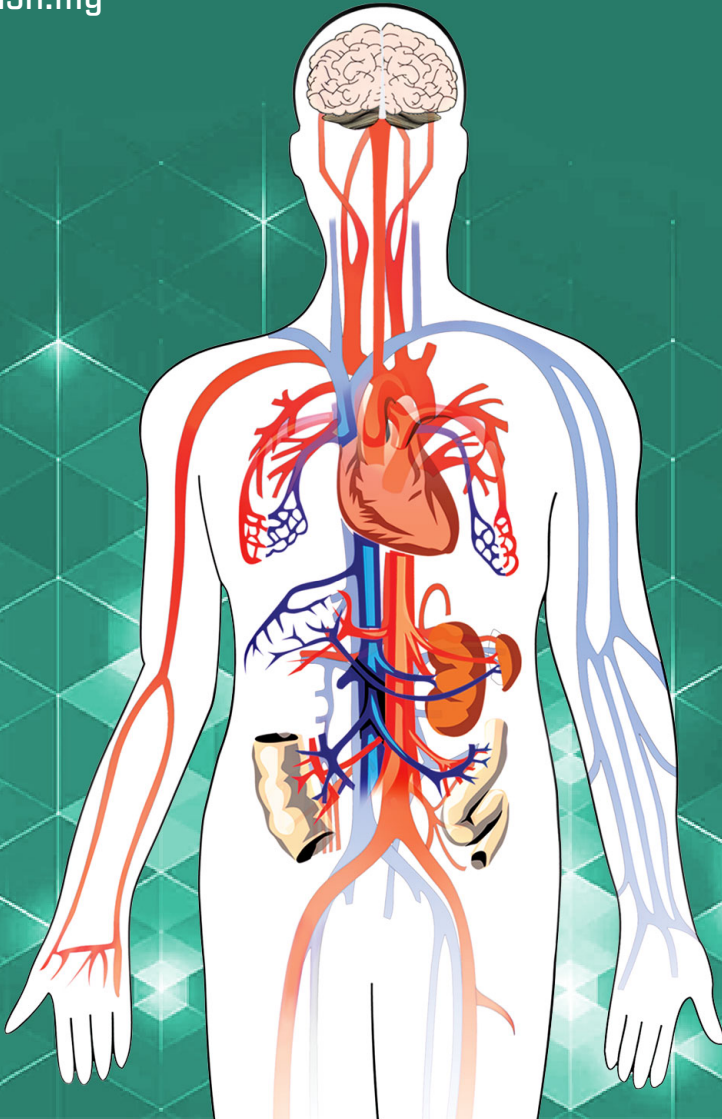


14th - 16th FEBRUARY 2020 | SHANGRI-LA HOTEL KUALA LUMPUR



MSH 17TH ANNUAL CONGRESS 2020

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A Congress Not to be Missed

PROGRAMME HIGHLIGHTS

- **Renown International Faculty**
- **Leader and Expert in Nocturnal Hypertension**
- **Learn to Risk-Stratify your Patient How Much**
- **Exercise is Good for You?**
- **Debate on Glucentric vs Cardiocentric Approach**

Do not miss this exciting event and collect your 20 CPD points for the whole year. First time participation of the Japanese and Taiwan Society of Hypertension.

SCIENTIFIC PROGRAMME DAY 1

Friday 14 February 2020

TIME	PROGRAMME
0730 - 0830	Registration, MSH Membership Enrolment
0830 - 0900	PLENARY 1 - The Prevention Of Hypertension : Is it a future possibility Prof Dr Bernard Cheung (Hong Kong)
0900 - 0930	Welcome Address YB Dr Lee Boon Chye, Deputy Minister of Health (TBC)
0930 - 1030	SYMPOSIUM 1 - Downstream Management Of Hypertension
0930 - 0955	Age And Elevated Blood Pressure : Its Link And The Role Of Intervention Prof Dr Tsing-Dau Wang (Taiwan)
0955 - 1020	Should BP Targets Be Different For The Elderly & Why? Dr Tunku Muzafar Shah (Selayang Hospital)
1020 - 1030	Q&A Session
1030 - 1100	Tea Break
1100 - 1235	SYMPOSIUM 2 – Cardiovascular Risk Stratification: Untangling The Complex
1100 - 1125	What Is The Best Risk Stratification Tool For My Patient Prof Dr Liew Su May (UMMC)
1125 - 1150	Managing Patients Using The Appropriate Risk Score : How To Use It in the Digital Era Prof Dr Sazzli Shahlan Kasim (UiTM)
1150 - 1215	Pitfalls of Cardiovascular Risk Stratification Assoc Prof Dr Ahmad Izuanuddin
1215 - 1230	Q&A Session
1230 - 1430	Concurrent Lunch Symposiums
	Pfizer
	Sanofi
1430 - 1620	SYMPOSIUM 3 : Hypertension Crossroads Obesity And Sleep Apnea In Hypertension: A Bigger Problem Than You Think
1430 - 1455	Sleeping Beauty : Therapeutic Effects Of Sleep - Current Evidence Dr Norhaya Mohd Razali (HKT)
1455 - 1520	The Other Side Of Sleeping Beauty : Sleep Apnea Hypertension And CVD Dr Chow Yok Wai
1520 - 1545	Obesity and Hypertension: Dietary regimes - Boon or Bane?
1545 - 1610	The Best Weight Loss Strategy: Surgery vs non-surgery Dr Tikfu Gee (HKL)
1610 - 1620	Q&A Session
1620	Tea Break
1700 - 1845	Servier Dinner Symposium (Theme: How Sweet it is to be Loved by You?)
1700	Malaysian Society Of Hypertension Biennial General Meeting

*Programmes may be subject to change.

SCIENTIFIC PROGRAMME DAY 2

Saturday 15 February 2020

TIME	PROGRAMME
0800 - 0900	Breakfast Symposium: Interactive ECG Interpretation Dr Koh Kok Wei (Ramsay Sime Darby Hospital) & Dr Choy Chun Ngok (Ramsay Sime Darby Hospital)
0900 - 0930	PLENARY 2 - Heart Failure Risk In Hypertensive Patients (HF PEF and HF REF) Dato' Dr Azmee Mohd Ghazi (IJN)
0930 - 1040	SYMPOSIUM 4 - Upstream Management Of Hypertension : Preclinical Evolution And Vascular Changes
0930 - 0950	Understanding "Prehypertension" - Is it still a Relevant Concept Prof Dr Trefor Morgan (Australia)
0950 - 1010	Parameters That Matter In Development Of Hypertension Prof Dr Chia Yook Chin (Sunway University)
1010 - 1030	Hypertension Among The Young : An Emerging Problem Prof Jinho Shin
1030 - 1040	Q&A Session
1040 - 1100	Moderated Poster Session & Tea Break
1100 - 1130	PLENARY 3 - Atrial Fibrillation and Hypertension : A Marriage Of Inconvenience Dr Suraya Hani Kamsani
1130 - 1230	SYMPOSIUM 5 - Recent Hypertension Trials I Should Know About
1130 - 1155	Lifestyle Related Trials: Too much of a good thing is not good for you: Exercise vs Over-Exercise Dr Azani Mohamed Daud (Gleneagles Hospital)
1155 - 1220	Unanswered Questions and Relevant Trials You Must Know Prof Dr Rashid Abdul Rahman (An Nur Specialist Hospital)
1220 - 1230	Q&A Session
1230 - 1400	Concurrent Lunch Symposiums
	Servier
	Boehringer Ingelheim
1400 - 1530	SYMPOSIUM 6 - Cardiovascular & Cardiometabolic Updates
1400 - 1425	Is Too Low Too Bad: The Slippery Slope Of Lipid Management Dr Kumara Gurupparan Ganesan (IJN)
1425 - 1450	Diabetic pharmacotherapy: Now and the Future Dr Saiful Bahari Kassim (Gleneagles Hospital)
1450 - 1520	Debate: The Greater of Two Evils in the Management of T2DM: Glucocentric vs Cardiocentric Approach? Dr David Quek (Pantai KL Hospital) & Dr Alexander Tan (Sunway MC)
1520 - 1530	Q&A Session
1530 - 1600	Tea Break
1600 - 1700	SYMPOSIUM 7 - Hypertension Crossroads : Renal Disease In Hypertension
1600 - 1620	Nocturnal Blood Pressure : Renal Progression & Priorities In Management Prof Dr Kazuomi Kario (Japan)
1620 - 1640	Can We Predict And Minimize Renal Damage Before It Happens Dr Sunita V. Bavanandam (HKL)
1640 - 1700	Ups And Downs: Challenges Of Managing Labile BP In Hemodialysis Patients Prof Dr Lim Soo Kun (UMMC)
1700 - 1710	Q&A Session

SCIENTIFIC PROGRAMME DAY 3

Sunday 16 February 2020

TIME	PROGRAMME
0800 - 0900	Breakfast Symposium: Train The Trainer Workshop: How To Talk To Your Hypertensive Patients
0900 - 1015	SYMPOSIUM 8 - Difficult To Manage Hypertensive Patients
0900 - 0925	Pregnancy with Hypertension : Acute and Chronic Management -You must know Dr Imelda Balchin (KPJ Damansara Specialist Hospital)
0925 - 0950	Stroke With Hypertension : The Many Faces Of Stroke In Hypertensive Disease Prof Dr Yuda Turana (Indonesia)
0950 - 1005	JSH 2019 Guidelines and Impact of Salt Reduction in Asia Prof Kazuomi Kario
1005 - 1015	Q&A Session
1015 - 1030	Tea Break

*Programmes may be subject to change.

1030 - 1200	Cardiovascular Investigation Workshop
1030 - 1055	Stress test: Pitfalls and Interpretation Pro Dr Imran Zainal Abidin (UMMC)
1055 - 1120	MSCT and biochemical markers: Their Role in CV Risk Stratification Dr Akmal Hakim (IJN)
1120 - 1145	PET & MRI for Non-Cardiologists Dr Ahmad Khairuddin, IJN
1145 - 1200	Q&A Session
1200 - 1300	Oral Presentation Session
1300 - 1430	Industry Lunch Symposium – Lifestyle & Nutrition Speaker (TBC)
1430 - 1515	Prize giving and Closing of Congress

CALL FOR ABSTRACTS

Abstract Submission Deadline:

15 DECEMBER 2019

PRIZES

PRIZES FOR YOUNG INVESTIGATOR AWARD (YIA)

1st Prize	RM1,500
2nd Prize	RM1,000
3rd Prize	RM500

PRIZES FOR POSTER PRESENTATION

1st Prize	RM700
2nd Prize	RM500
3rd Prize	RM300

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REGISTRATION FEES

CATEGORY	REGISTRATION FEES
Doctors & Allied Professionals (MSH Members)	RM 750
Doctors & Allied Professionals (Non-MSH Members)	RM 800
International Delegates	USD 200
Students (Undergraduates)	RM 500

For further information & registration, please email the Event Secretariat:

Contact Person Fay Cheah Mobile +6012 212 1328

Email msh.asm.secretariat@gmail.com