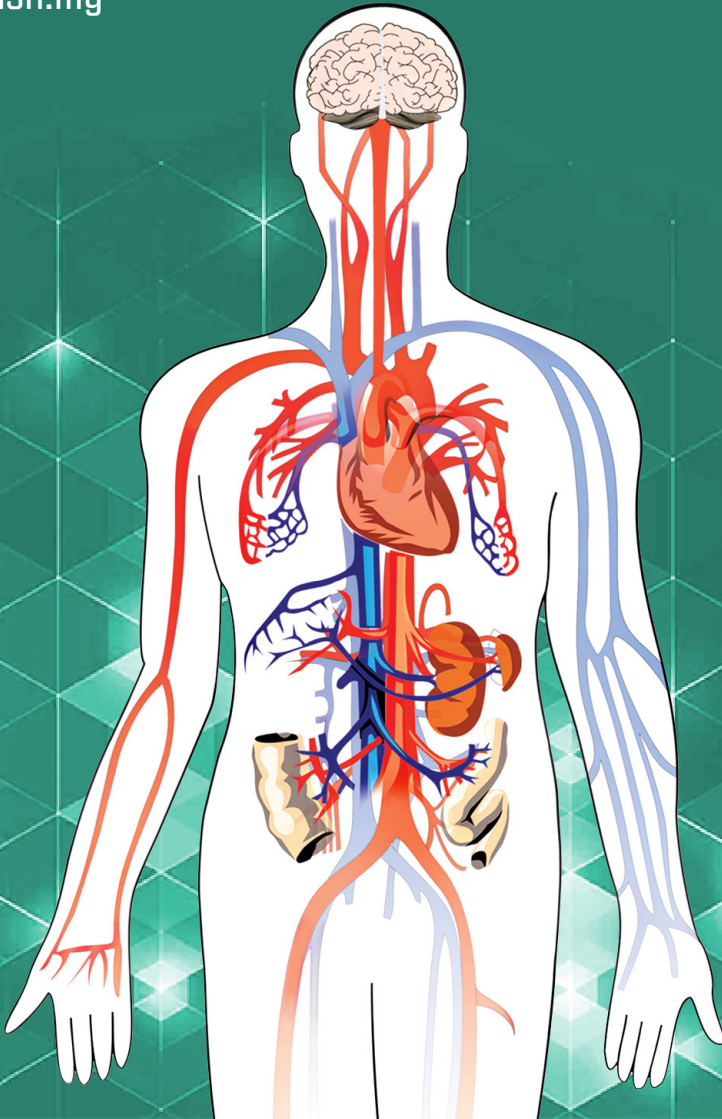


14<sup>th</sup> - 16<sup>th</sup> FEBRUARY 2020 | SHANGRI-LA HOTEL KUALA LUMPUR



# MSH 17<sup>TH</sup> ANNUAL CONGRESS 2020

[www.msh.my](http://www.msh.my)



# A Congress Not to be Missed

## PROGRAMME HIGHLIGHTS

- **Renown International Faculty**
- **Leader and Expert in Nocturnal Hypertension**
- **Learn to Risk-Stratify your Patient**
- **How much exercise is Good for You?**
- **Debate on Gluco-centric vs Cardio-centric Approach**

**Do not miss this exciting event and collect your 20 CPD points for the whole year. First time participation of the Japanese and Taiwan Society of Hypertension.**

## SCIENTIFIC PROGRAMME DAY 1

Friday 14 February 2020

TIME	PROGRAMME
0730 - 0830	Registration, MSH Membership Enrolment
0830 - 0900	<b>PLENARY 1 - The Prevention Of Hypertension : Is it a future possibility   Prof Dr Bernard Cheung (Hong Kong)</b>
0900 - 0930	Welcome Address   YB Dr Lee Boon Chye, Deputy Minister of Health
0930 - 1030	<b>SYMPOSIUM 1 - Downstream Management Of Hypertension</b>
0930 - 0955	Age And Elevated Blood Pressure : Its Link And The Role Of Intervention   Prof Dr Tzung-Dau Wang (Taiwan)
0955 - 1020	Should BP Targets Be Different For The Elderly & Why?   Dr Tunku Muzafar Shah (Selayang Hospital)
1020 - 1030	Q&A Session
1030 - 1100	Tea Break
1100 - 1230	<b>SYMPOSIUM 2 – Cardiovascular Risk Stratification: Untangling The Complex</b>
1100 - 1125	What Is The Best Risk Stratification Tool For My Patient   Prof Dr Liew Su May (UMMC)
1125 - 1150	Managing Patients Using The Appropriate Risk Score : How To Use It in the Digital Era   Prof Dr Sazzli Shahlan Kasim (UiTM)
1150 - 1215	Pitfalls of Cardiovascular Risk Stratification   Prof Jiguang Wang (Ruijing Hospital, Shanghai) <i>(Video Presentation)</i>
1215 - 1230	Q&A Session
1230 - 1430	Concurrent Lunch Symposia
	Pfizer
	Sanofi
1430 - 1620	<b>SYMPOSIUM 3 : Hypertension Crossroads Obesity And Sleep Apnea In Hypertension: A Bigger Problem Than You Think</b>
1430 - 1455	Sleeping Beauty : Therapeutic Effects Of Sleep - Current Evidence   Assoc Prof Ahmad Izuanuddin (UiTM)
1455 - 1520	The Other Side Of Sleeping Beauty : Sleep Apnea Hypertension And CVD   Dr Ashari Yunus (IJN)
1520 - 1545	Obesity and Hypertension: Dietary regimes - Boon or Bane?   Dr Edwin Chow Yok Wai (Pantai Hospital Ayer Keroh)
1545 - 1610	The Best Weight Loss Strategy: Surgery vs non-surgery   Dr Tikfu Gee (HKL)
1610 - 1620	Q&A Session
1620 - 1635	Tea Break
1700 - 1845	Servier Dinner Symposium (Theme: How Sweet it is to be Loved by You?)
1700	Malaysian Society Of Hypertension Biennial General Meeting

\*Programmes may be subject to change.

# SCIENTIFIC PROGRAMME DAY 2

Saturday 15 February 2020

TIME	PROGRAMME
0800 - 0900	Breakfast Symposium: Interactive ECG Interpretation   Dr Koh Kok Wei (Ramsay Sime Darby Hospital) & Dr Choy Chun Ngok (Ramsay Sime Darby Hospital)
0900 - 0930	<b>PLENARY 2 - Heart Failure Risk In Hypertensive Patients (HF PEF and HF REF)</b>   Dato' Dr Azmee Mohd Ghazi (IJN)
0930 - 1040	<b>SYMPOSIUM 4 - Upstream Management Of Hypertension : Preclinical Evolution And Vascular Changes</b>
0930 - 0950	Understanding "Prehypertension" - Is it still a Relevant Concept   Prof Dr Trefor Morgan (Australia)
0950 - 1010	Parameters That Matter In Development Of Hypertension   Prof Dr Chia Yook Chin (Sunway University)
1010 - 1030	Hypertension Among The Young : An Emerging Problem   Prof Jinho Shin (Korea)
1030 - 1040	Q&A Session
1040 - 1100	Moderated Poster Session & Tea Break
1100 - 1130	<b>PLENARY 3 - Atrial Fibrillation and Hypertension : A Marriage Of Inconvenience</b>   Dr Suraya Hani Kamsani (IJN)
1130 - 1230	<b>SYMPOSIUM 5 - Recent Hypertension Trials I Should Know About</b>
1130 - 1155	Lifestyle Related Trials: Too much of a good thing is not good for you: Exercise vs Over-Exercise   Dr Azani Mohamed Daud (Gleneagles Hospital)
1155 - 1220	Unanswered Questions and Relevant Trials You Must Know   Prof Dr Rashid Abdul Rahman (An Nur Specialist Hospital)
1220 - 1230	Q&A Session
1230 - 1400	Concurrent Lunch Symposiums
	Servier
	Boehringer Ingelheim
1400 - 1530	<b>SYMPOSIUM 6 - Cardiovascular &amp; Cardiometabolic Updates (SGLT2 DPP4 Inhibitors, GLP1)</b>
1400 - 1425	Diabetic pharmacotherapy: Now and the Future   Dr Saiful Bahari Kassim (Gleneagles Hospital)
1425 - 1450	Is Too Low Too Bad: The Slippery Slope Of Lipid Management   Dr Kumara Guruparan Ganesan (IJN)
1450 - 1520	Debate: The Greater of Two Evils in the Management of T2DM: Glucocentric vs Cardiocentric Approach?   Dr David Quek (Pantai KL Hospital) & Dr Alexander Tan (Sunway MC)
1520 - 1530	Q&A Session
1530 - 1545	JSH-MSH Session: JSH 2019 Guideline And Impact Of Salt Restriction In Asia   Prof Dr Kazuomi Kario (Japan)
1545 - 1600	Tea Break
1600 - 1700	<b>SYMPOSIUM 7 - Hypertension Crossroads : Renal Disease In Hypertension</b>
1600 - 1620	Nocturnal Blood Pressure : Renal Progression & Priorities In Management   Prof Dr Kazuomi Kario (Japan)
1620 - 1640	Can We Predict And Minimize Renal Damage Before It Happens   Dr Sunita V. Bavanandam (HKL)
1640 - 1700	Ups And Downs: Challenges Of Managing Labile BP In Hemodialysis Patients   Prof Dr Lim Soo Kun (UMMC)
1700 - 1710	Q&A Session

# SCIENTIFIC PROGRAMME DAY 3

Sunday 16 February 2020

TIME	PROGRAMME
0900 - 1015	<b>SYMPOSIUM 8 - Difficult To Manage Hypertensive Patients</b>
0900 - 0925	Pregnancy with Hypertension : Acute and Chronic Management -You must know   Dr Imelda Balchin (KPJ Damansara Specialist Hospital)
0925 - 0950	Stroke With Hypertension : The Many Faces Of Stroke In Hypertensive Disease   Prof Dr Yuda Turana (Indonesia)
0950 - 1015	Labile Blood Pressure: What to do?   Prof Dr Alan Fong (Sarawak Heart Centre)
1015 - 1030	Tea Break

\*Programmes may be subject to change.

# SCIENTIFIC PROGRAMME DAY 3

Sunday 16 February 2020

1030 - 1200	<b>Cardiovascular Investigation Workshop</b>
1030 - 1055	Stress test: Pitfalls and Interpretation   Pro Dr Imran Zainal Abidin (UMMC)
1055 - 1120	The Role of CAC (Coronary Artery Calcium) and MSCT (Multislice CT Angiogram) in CV Risk Stratification   Dr Akmal Hakim (IJN)
1120 - 1145	PET Cardiac   Dr Ahmad Khairuddin (IJN)
1145 - 1200	Q&A Session
1200 - 1300	<b>Oral Presentation Session</b>
1300 - 1430	Lunch
1430 - 1515	Prize giving and Closing of Congress

## ORGANISING COMMITTEE

### Organising Chairperson

Dr Mohd Arifin Mohd Ali

### Scientific Chairperson

Dato' Seri Dr Azhari Rosman

### Industry Partners, Trade & Exhibition

Professor Dr Chia Yook Chin

### Scientific Papers

Professor Dr Khoo Ee Ming

### Treasurer

Associate Professor Dr Nik Sherina Hanafi

### Publicity & Marketing

Associate Professor Dr Ching Siew Mooi

### Congress Manager

Fay Cheah

## REGISTRATION FEES

CATEGORY	REGISTRATION FEES
Doctors & Allied Professionals (MSH Members)	RM 750
Doctors & Allied Professionals (Non-MSH Members)	RM 800
International Delegates	USD 200
Students (Undergraduates)	RM 500

For further information & registration, please email the Event Secretariat:

Contact Person Fay Cheah      Mobile +6012 212 1328

Email [msh.asm.secretariat@gmail.com](mailto:msh.asm.secretariat@gmail.com)